Updated: 09/2022

Tri-Cities Area - Mental Health Counseling Resources

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Agency	Client Population	Insurance	Staff	Specialty	Accepting New Clients as of 09/20/22
CRISIS RESPONSE					
FOR MENTAL HEALTH CRISIS SERVICES Comprehensive Healthcare Pasco Center 2715 Saint Andrews Loop, Ste C Pasco, WA 99301 Office: (509) 412-1051	CALL <mark>(509) 79</mark>	<mark>2-1747</mark>			
COUNSELING CENTERS					
Anchor Point Counseling PLLC 1201 Jadwin Avenue Suite 201F Richland, WA 509-593-8122 https://www.anchorpointcounselingpllc.com/	Families age 3+, Adults	Medicaid/care , Most private insurances	Therapist	Individual (for variety of issues), Couples & Family therapy, Play therapy, EMDR, CBT for psychosis	Waitlist closed, 2-3 month likely
Canyon Lakes Family Counseling 1355 Columbia Park Trl, Ste E, Richland, WA (509) 591-0462 https://www.canyonlakescounseling.com/	Children Adolescents Adults	Medicaid, Most private insurances	Counselors, Massage Therapist	Individual, Family, and Marriage Counseling. Children and Teens, Adoption and Attachment Counseling, Sexual Assault/Abuse recovery, Anxiety, Depression, Parenting Support, Grief, Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution, EMDR, Therapeutic Massage	Not accepting new clients
Catholic Charities Serving Central WA 2139 Van Giesen St., Richland, WA (509) 946-4645 www.catholiccharitiescw.org	Children Adolescents Adults	Medicaid/care , Sliding Fee, Private insurance, Private pay	Therapists, Case Managers, ARNP	Anxiety, Depression, Behavior issues, Mood Disorders, Trauma, Medication Management (must be enrolled in counseling) Telehealth Available (except intakes)	Not accepting clients currently, scheduling open Jan-Feb.

Comprehensive Healthcare 2715 St. Andrews Loop Suite C, Pasco, WA (509) 412-1051 https://comphc.org/	Children Adolescents Adults	Medicaid/care , Sliding Fee, Private insurance, Private pay	Psychiatry, Nurses, Chemical Dependency profession als, Counselors Therapists, Case Managers	Outpatient Mental Health & Psychiatric services for variety of disorders, DD, SUD services, Medication Management	Scheduling for Jan 2023
Emmaus Counseling Center 1124 Stevens Dr #3360., Richland, WA (509) 946-1430 https://www.emmauscounseling.net/	Children Adolescents Adults	Molina, Several private insurances	Counselors	Christian-based mental health care for individuals, couples, family, pre-marriage, crisis debriefing	Not accepting new clients, waitlist open
Lourdes Counseling Center 1175 Carondelet Drive, Richland, WA (509) 943-9104 https://www.yourlourdes.com/locations/lo urd es-counseling-center Crisis (800) 783-0544	Children Adolescents Adults	Medicare, Medicaid, Most private insurances	Psychiatry, Nurses, Chemical Dependency professional, Therapists, Case Managers	Inpatient, Outpatient Mental health Variety, Case Management, Medication Management, SUD, Diversion/Jail, PACT, PATH (for homeless individuals)	
Lutheran Community Services NW 3321 W Kennewick Ave, Unit 150 Kennewick, WA (509) 735-6446 https://lcsnw.org/office/tri-cities-kennewick /	Youth under 21 years old	Youth who are Medicaid eligible	Therapists w/ support team	SWIFT – Crisis stabilization program serves youth up to 18 experiencing a mental health crisis who are at risk of hurting themselves or others. 3 Rivers WISe - serves youth up to 21 with mental / & behavioral health challenges in their home/community	Accepting new clients
Recovery & Wellness Center of Eastern WA 1950 Keene Rd, Bldg. G, Richland, WA (509) 619-0519 https://www.recoveryandwellness.org/	Adolescents Adults	All insurances accepted	Therapists, Medical Doctors, Registered Dieticians	Eating Disorder Treatment (partial hospitalization & outpatient), Depression and Anxiety Intensive Outpatient	Waitlist open

Reliance Neuro Psych Care 1445 Spaulding Ave, Richland, WA (509) 420-0423 https://reliancehealthsystems.com/	Adolescents 13+, Adults	Medicare, Medicaid, Most private insurances	Psychiatry, Nurses, Counselor	Psychiatry, Medication Management, SUD, Mental Health Counseling for Anxiety, ADHD, Bipolar, Depression, OCD	Waitlist open
Three Rivers Therapy 10505 W Clearwater Ave, Kennewick WA (509) 378-5553 https://www.3riverstherapy.com/	Children, Adolescents, Adults	Medicaid, Private insurance	Therapist	Mental Health Counseling, Organizational Therapy, Nutrition Support, Youth Groups, WISe	Waitlist open
Tri-Cities Community Health 715 W Court Street, Pasco, WA (509) 547-2207 https://mytcch.org/	Children Adolescent Adults	Medicaid/care, Sliding Fee, Private insurance, Private pay	Psychiatry, Nurses, Chemical Dependency professional, Therapists, Case Managers	Depression, Grieving, Behavior Problems, Long-Term Thought and Mood Disorders, Attention Deficit Disorders, Sexual, Emotional and Physical Abuse, Medication Management, SUD	Not accepting new clients
United Family Center 100 N. Fruitland St. Suite A Kennewick, WA (509)0581-0303 https://www.unitedfamilycenter.com/	Children Adolescent Adults	Coordinated Care, CHPW, Apple Health, Private Insurances, Sliding scale	Therapist, SUDP, SUDPT	SUD outpatient, groups, DUI assessments, MH Assessments & therapy	Accepting new clients, youth aged 10+
Psychiatry Services – Mental Health					
Angela Hamel 8518 West Gage Blvd Suite 2 Kennewick, WA (509) 204-9413	Children Adolescents Adults	Most private insurances, Medicaid/care	MH Nurse Practitioner	Autism evaluations, Suboxone TX, TX for resistant depression/suicidal ideation, mood disorders, Med Mgmt.	Accepting new clients
April Jones, LICSW, SUDP (509) 531-5383 april@apriljonescounseling.com	Adolescents 13+, Adults	Most private insurances	Therapist	Substance use, anxiety, depression, trauma	Not accepting new clients

Birchwood Telepsychiatry (724) 866-4165 https://birchwood-professional.com/	Children Adults	Most private insurances, Medicaid		Psych Evals, Med Mgmt., Care Management Consults, Anxiety, Depression, ADHD, OCD, Insomnia, Bipolar, Schizophrenia, Autism, Behavioral, TBI, SUD, Personality disorders	Accepting new clients
Enlightened Psychiatry 404 Bradley Blvd, Ste 302, Richland, WA (509) 578-1678	Children Adolescent Adults	Most private insurances	Psychiatrist	ADHD, PTSD	Telehealth only, not accepting new clients
Siefken Psychiatric Services & Peterson Counseling 1305 Mansfield St Ste 3, Richland, WA (509) 943-0990	Children Adolescents Adults	Most private insurances	Psychiatrist, MH Nurse Practitioner	ADHD, (Grief and Bereavement, Cognitive Behavioral Therapy, Post Partum Depression, PTSD	
Three Rivers Psychiatry 1355 Columbia Park Trail Suite F Richland, WA (509) 940-5577	Adults	Most private insurances	MH Nurse Practitioner	ADHD, Grief and Bereavement, LGBTQ+, Post Partum Depression, PTSD	Not accepting new clients

Private Practice – Mental Health Counselors					
Addo Recovery MaryAnn Michaelis, LICSWA, 925 Stevens, Ste 3A, Richland, WA (509) 416-0224 mmichaelis@addorecovery.com https://maryannmichaelis.com/	Adolescents	Private Pay Only	Counselor	Sexual addiction, betrayal trauma, infidelity, divorce/affair recovery, and relationships, Only CPTT & ART trained therapist in area	Accepting new clients
Adriana G. Saenz, MA, LMHC 401 North Morain Street Kennewick, WA 99336 (509) 774-5385	Elders (65+) Adults Teen Preteen	Private insurance	Counselor	Depression, Anxiety, Trauma and PTSD, Obsessive-Compulsive (OCD), Self-Harming, Sexual Abuse, Stress, Suicidal Ideation, Biligual	Accepting new clients

Brandy Counseling PLLC Brandy Peters, LMHC 9825 Sandifur Parkway, Ste D, Pasco, WA (509) 492-1108 brandycounseling@gmail.com http://www.brandycounseling.com/	Adolescents Adults	Private Pay Only, Out of Network Insurance, Reduced fees for state insurance	Counselor	Couples, Women's Issues, Trauma, Anxiety, Depression, Codependency, Parenting, LGBTQ, Relational Issues, Teens	Not accepting new clients.
Chastain Counseling, LLC Jason Chastain, LICSW 9825 Sandifur Parkway, Ste D, Pasco, WA (509) 531-6698 jjchastain@protonmail.com https://counselingtricities.com/	Adolescents (16+), Adults	Most Private Insurances, Medicare, Sliding Fee	Psychotherapist	PTSD, grief/loss work, trauma, depression, anxiety, EMDR	Not accepting new clients. Waitlist open
Christine Thoma, LMFT 1409 N. Pittsburgh St. Suite C Kennewick, WA 99336 (509) 245-1132	Elders (65+) Adults Teen	Private insurance	Therapist	Anxiety, ADHD, Depression, Sexual Abuse, Stress, Trauma and PTSD Women's Issues,	Accepting new clients
Columbia Youth and Family Counseling Services, LLC Melinda Johnson, LICSW, CMHS, ACSW 750 George Washington Way, #7, Richland (509) 946-3113 mjsocialworker@aol.com	Children Adolescents Young Adults	Cigna Evernorth	Therapist	Youth and families, anxiety, depression, suicidal ideation grief and loss, trauma, Asperger's, Autism, Attachment issues, ADD	Accepting new clients
Couple & Family Institute of Tri-Cities 8121 W Quinault Ave Ste F202 Kennewick, Washington (509) 570-0200 dr.carolannconrad@gmail.com https://couplefamilyinstitute.com/	Adolescents Adults	Premera Blue Cross, Regence, Kaiser, Self-pay	Psychologist, Counselor	Couples and family counseling, Individual for depression, anxiety, trauma	Accepting new Telehealth Clients on a limited basis

Courtney the Counselor Courtney Salazar, LMFT 1201 Jadwin Ave, Ste 202, Richland, WA (509) 212-9923 info@courtneythecounselor.com https://www.courtneythecounselor.com/	Children Adolescents	Private pay, Superbill for insurance, Sliding scale	Therapist	Child and teen therapy and parenting support, groups	Not accepting new clients
Cultivate Connection Counseling 1201 Jadwin Ave. Suite 102 Richland, WA (541) 595-8261 https://www.cultivateconnectioncounseling.c om/	Adults 18+	Private pay	Therapist	Emotionally focused therapy for couples work, individuals dealing with relationship distress, trauma or PTSD	Accepting new clients
Dawn Shepherd, LICSW 3311 W Clearwater Ave., Ste D111 Kennewick, WA (509) 531-6351 dphilmsw@hotmail.com	Adolescents Adults	Most Private Insurance	Counselor	Anxiety, grief, trauma and PTSD	Accepting new clients
DeLuna Counseling and Art Therapy Emily McLaughlin, MSW, LSWAIC Richland, WA 99352 (509) 257-4190	Elders (65+) Adults Teen Preteen Children (6 to 10)	Private pay, sliding scale	Therapist	Depression, Anxiety, Women's Issues, ADHD, Autism, Codependency, Coping Skills Family Conflict, Trauma and PTSD, LGBTQIA+	Accepting new Clients
Desert Rain Counseling 401 N. Morain St. Kennewick, WA 99336 (509) 832-4438	Adults 18+	Premera, private pay	Therapist	Trauma, depression, anxiety, panic, self-esteem, life transition issues	Not accepting new clients
Evolve Counseling Keilani Perisian-Mason, MA, LMHC 1201 Jadwin Ave, Ste 202, Richland, WA (509) 438-8570 keilani.mason@pnwevolve.com https://www.facebook.com/pnwevolve/	Adolescents Adults	Private Pay Only, Out of Network Provider, Sliding Fee	Counselor	Anxiety, Relationship Issues, Coping Skills Exclusively offering telehealth	Not accepting new clients. Waitlist open

Family Tree Counseling Melissa Ellison, M.Ed., LMHC 750 Swift Blvd, Ste 12, Richland, WA (509) 578-6581 https://familytreecounselingtc.com/ Familytreecounselingtc@gmail.com https://www.facebook.com/familytreecounsel ingtc/	Elders (65+) Adults	Most Private Insurances	Counselor	Depression & Anxiety Bariatric Counseling Trauma & PTSD Obesity Telehealth Available	Not accepting new clients
Ferguson Counseling Services Lee Ferguson, MSW, LICSW 660 George Washington Way, Ste D, Richland, WA (509) 438-7139 LeeFerguson135@gmail.com	Elders (65+) Adults	Most Private Insurances	Counselor	Anxiety Coping Skills Trauma and PTSD	Not accepting new clients. Waitlist open
Growth Point Behavioral Health Amanda Poffenberger, LMHC 1955 Jadwin, Ste 330, Richland, WA (509) 378-7037 GrowthPointbehavioralhealth@gmail.com	Adolescents Adults	Private Pay Only	Counselor	Couple counseling, Family therapy, Eating Disorder treatment, Eye Movement Desensitization and Reprocessing (EMDR)	
Inner Reflection Therapy Loveroop Bath, MS, LMFT, MHP, CMHS 1201 Jadwin Ave, Ste 101, Richland, WA (509) 703-5044 lovey@innerreflectiontherapy.com	Adolescents Adults	Private Pay Only	Counselor	Anxiety, trauma, self-esteem, and identity formation. Passionate about ethnic minority populations.	Not accepting new clients. No waitlist
Integrate Counseling Services Jan Michael, MSW, LICSW 8350 W Grandridge Blvd., Ste 200, Kennewick, WA (509) 851-3280 janmichaelmsw@gmail.com https://janmichaelmsw.com	Elders (65+) Adults	Medicare, Private Insurance	Counselor	Codependency Anxiety Depression	Telehealth only. Not accepting new clients
Jake & Jennifer Dean-Hill, LICSW 1950 Keene Rd., Bldg. H, Richland, WA (509) 366-8318 jakemsw@yahoo.com https://www.jenniferdeanhill.com/ https://www.jakedeanhill.com/	Adolescents Adults	Private Pay Only, Out of Network Insurance	Therapist	Individual, Marriage & Family Therapy	

Jana Sheehan, MSW, LSWAIC 7411 W. Clearwater Ave Unit B, Lower level Rm. 2 Kennewick, WA 99336 (509) 233-4220	Adults Teen	Private pay, superbill	Therapist	Anxiety, Grief, Relationship Trauma, Counseling from a Christian perspective is available upon request.	Accepting new clients
Joshua Cole Counseling, LLC Joshua Cole, LMHC 8350 W Grandridge Blvd., Ste 200, Kennewick, WA (509) 205-4040 joshuacolecounseling@gmail.com	Children Adolescents Adults	Medicaid, Most Private Insurance, Sliding Fee	Counselor	Autism Spectrum and related disorders, anxiety, depression, ODD	Not accepting new clients
Kate Buffington 750 George Washington Way Ste 8 Richland, WA 99352 (509) 392-7619	Elders (65+) Adults Teen	Private pay, private insurance	Therapist	Anxiety Chronic Pain Depression	Some availability
Katie Haynes, MA, LMHCA 1201 Jadwin Ave. Suite 202 Richland, WA (509) 627-9866 katiehaynescounseling@gmail.com https://katiehaynes.co/	Adolescents, Adults	Private pay, Sliding scale available	Therapist	Anxiety and panic, depression, PTSD, relationship issues, life transitions, grief and loss, self esteem	Not accepting new clients - waitlist open
Katie Carter, LICSW, MHP, CMHS 1201 Jadwin Ave. Suite 104 Richland, WA 99352 (509) 619-7676	Adults Teen	Private insurance, superbill	Clinical Social Work/Therapis t	Depression, Emotional Disturbance, Domestic Abuse, Anxiety, Behavioral Issues, Borderline Personality (BPD) Coping Skills, Self-Harming, Sexual Abuse, Stress, Suicidal Ideation Teen Violence, Trauma and PTSD, LGBTQ+	Accepting new clients
Kristen Howard Counseling, PLLC Kristen Howard, LMHCA 7411 W Clearwater Ave, Ste. B Kennewick, WA 99336 (509) 572-8159 kristen@khowardcounseling.com khowardcounseling.com	Adolescents Adults	Private Pay Only, Sliding Fee	Counselor	Couples, families, pre-marital and pre-engagement	Not accepting new clients - no waitlist

Kuick Counseling Linda Kuick 2794 Sawgrass Loop Richland, WA 99354 (509) 371-9956	Teens Adults	Private insurance, Private pay, Sliding scale	Counselor	Relationship Issues, Anxiety, Depression, Impulse Control Disorders, Mood Disorders, Thinking Disorders	Accepting new clients, booking for Nov. 2022
Lindsay Dye Counseling, LLC Lindsay Dye, MA, LMHC, NCC 7409 W Grandridge Blvd., Ste 101, Kennewick, WA (509) 378-7753 Idye@ldcounseling.com	Individuals Couples Families	Most Private Insurance, Sliding Fee	Counselor	Adoption/Post-Adoption Trauma, Parenting	Not accepting new clients - waitlist open
Longaker Counseling Services Chad Longaker, LMHC 3311 W. Clearwater Ave., Ste D281 Kennewick, WA (509) 581-8875 longakercounseling@outlook.com	Adolescents Adults	Medicaid, Some Private Insurance	Counselor	Couples Therapy Sex Therapy Individual Therapy	Accepting new clients sporadically
Looking Glass Psychological Services Lydia Bowerly, LMHCA 7411 W Clearwater Ave. Kennewick (509) 934-4357 https://www.lookingglasspsychologicalservice s.com/	Children Adolescents Adults	Private Pay Only Sliding Fee	Counselor	Psychotherapy for trauma/abuse, complex trauma, divorce recovery/ adjustment, grief, play therapy, individual therapy for relational issues, career counseling, EMDR	Not accepting new clients - booking for Jan. 2023
Lycan Counseling, PLLC Kimberly Lycan, LMHC 750 Swift Blvd., Ste 5, Richland, WA (509) 205-5559 lycancounseling@gmail.com https://lycancounseling.com/	Children Adolescents Young Adults	Medicaid, Most Private Insurance	Counselor	Eating Disorders, Trauma, LGBTQ	Telehealth only - some availability
Mental Wellness Solutions Julie Wilde, MA, LMHC, CMHS 1201 Jadwin Ave., Ste 101, Richland, WA (509) 940-7838 julie@mentalwellnesssolutions.com	Adolescents Adults	Most Private Insurance	Counselor	Depression, anxiety, trauma, and EMDR	Not accepting new clients

Munson Family Counseling, PLLC Jenifer Munson, LMHC 7409 W Grandridge Blvd., Ste 101, Kennewick, WA (509) 619-2270 jenifer@munsonfamilycounseling.com	Children Adolescents Adults	Most Private Insurance, Sliding Fee	Counselor	Developmental Disabilities Mental Health Specialty, Anxiety, Trauma, teens/young adult, Child Mental Health Specialty	Not accepting new clients
New Dawn Counseling Kyndra Scott, MSW, LICSW 824 Lewis St, Pasco, WA kyndrascottlicsw@newdawnspc.com http://newdawnspc.com/	Children Adolescents Adults	Medicaid, Most Private Insurance, Sliding Fee	Counselor	Psychosis and addiction	
PsychUP Counseling & Consulting, LLC Veronica Rios Fernando Rios 925 Stevens Drive Suite 3-B Richland, WA 99352 (509) 392-7717	Children, Adolescence Adults	Private insurance, sliding scale	Counselor	Life Coaching, Trauma and PTSD, Coping Skills, Anxiety, Depression	Accepting new clients
Renew Counseling Services, LLC Jessica Wallace, MA, LMHCA, NCC 750 George Washington Way, #8 (509) 676-6735 jessica@renewcounseling.care	Adults	Private Pay Only, Sliding Fee	Counselor	Anxiety with history of trauma, life transitions, divorce recovery, couples and marriage counseling, faith & spirituality	Not accepting new clients. Waitlist open
Revitalizing Relationships, PLLC Ronda Evans, LMFT 1201 Jadwin Ave Suite 102 Richland, WA 99352 (509) 380-6404 re2therapy@gmail.com https://www.re2therapy.com/	Adults	Most Private Insurance	Counselor	Couples therapy, sex therapy	Not accepting new clients
Reynolds Mental Health Services 9825 Sandifur Parkway Suite D Office 5 Pasco, WA (509) 587-1229	Adults 18+	Premera, Aetna (soon), private pay	Therapist	Depression, Anxiety, OCD, PTSD, Insomnia, Personality disorders	Accepting new clients

Ronning-Dickson Counseling Lisa Ronning-Dickson, LMHC 750 Swift Blvd., Ste 20, Kennewick, WA (509) 792-0277 lisa@ronning-dickson.com http://ronningdickson.com/index.html	Children Adolescents	Medicaid, Most Private Insurance	Counselor	Child or Adolescent depression and anxiety	Not accepting new clients
Sageview Youth Psychology 1950-O Keene Rd, Richland, WA (509) 627-2600 heather@sageviewpsych.com http://www.sageviewpsych.com/	Children Adolescents Family	Most Private Insurance	Counselor	Therapy, Assessments, Medication Monitoring	Not accepting new clients
Simple Seed Counseling Erin Reyes, MA, LMHC 750 George Washington Way, Ste 8, Richland, WA (509) 557-0993 erin@simpleseedcounseling.com https://simpleseedcounseling.com/	Children, Adolescents Adults	Private Pay Only, Sliding Fee	Counselor	Anxiety, Depression, Self Harming	Not accepting new clients
Tera Bell, MS, MSW, LICSW 400 Columbia Point Dr., Ste 201-B, Richland, WA (509) 309-0941 socialworklink@outlook.com https://www.facebook.com/SocialWorkLink/	Adolescents Adults	Medicaid, Most Private Insurance,	Counselor	Psychotherapy	Some availability
The Growing Place Youth Counseling Robin Buck, LMHCA 1201 Jadwin Ave., Ste 204, Richland, WA (509) 366-8041 robinbuck@growingplacecounseling.c om https://growingplacecounseling.com/	Children	Private Pay Only	Counselor	Children ages 3-12, ADHD, ODD, anxiety, autism	Not accepting new clients. Waitlist open
Therapy Solutions Judy Dirks, LMHC 1455 Columbia Park Trail., St. 102, Richland, WA (509) 396-3707 jdirks@therapy-solutions.us	Adults	Most Private Insurance, Sliding Fee	Counselor	PTSD, Women's Health, Anxiety, Depression, EMDR	Not accepting new clients. Waitlist open

Thrive on Counseling, LLC Stephanie Koerner, LMHC 718 Jadwin Ave, Richland, WA (509) 521-7833 thriveoncounseling@gmail.com https://m.facebook.com/Thrive-on Counseling-LLC-110688393622553/	Children Adolescents Adults	Medicaid, Most Private Insurance, Sliding Fee	Counselor	Child mental health specialist, geriatric mental health specialist, disability mental health specialist, ethnic minority mental health specialist, mental health specialist, dual diagnosis therapist	Not accepting new clients. Waitlist open
Tilton Counseling Center Kiki Tilton 713 Jadwin Ave. Suite 3 (Building C) Richland, WA 99352 (509)737-4445	Adults Teen Children (6+)	Private pay	Therapist	anxiety, OCD, parenting/behavior issues, ADD/ADHD, and trauma, mood disorders (anxiety and depression), ADD/ADHD, Autism, behavioral issues, marriage and family therapy, neurofeedback	Accepting new clients
Virtually Engaged Therapy & Consulting Sandy Apolinar, MSW, LSWAA 925 Stevens Dr. Richland, WA 99352 (509) 418-0575 https://www.virtualreality-tc.com	Pre-teens, Adolescents, Adults	Private pay	Therapist	Stress, anxiety, depression, ADHD	Accepting new clients